

ANUHA BUZZ



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Issue 10 | June 2022

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From the General Manager

Welcome to winter. The nights have been particularly cold of late, I hope everyone is keeping safe and warm.

It is timely to remind people to get their flu shot if you are able to have one. Whilst it won't stop you from getting the flu it will make the symptoms a lot less. If you miss out on the free flu shot provided by the State Government, remember that Anuha will pay for any employee to get the shot as well.

Also, a reminder about Covid. It hasn't gone away. We still need to make sure we take precautions to limit the chances of catching it. We all need to continue to follow good hygiene principles, sanitize our hands regularly and continue to socially distance when you can. I personally had Covid in May and it wasn't pleasant.

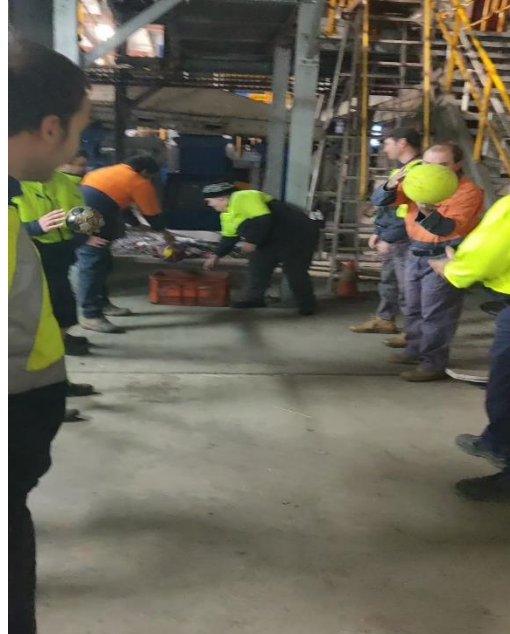
Anuha celebrates an anniversary next month. On July 6th Anuha becomes 37, we should all be proud of the way Anuha has developed over the years and the support we provide. Take care everyone and stay safe and warm.

Robert Evelyn
CEO

MRF Training and Activities

What do we do when the Production Line is down, and we are up to date with Safety training and cleaning?

We do Team Bonding activities with Nat and Andrew

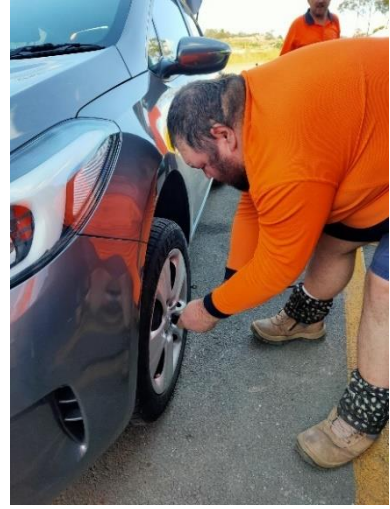
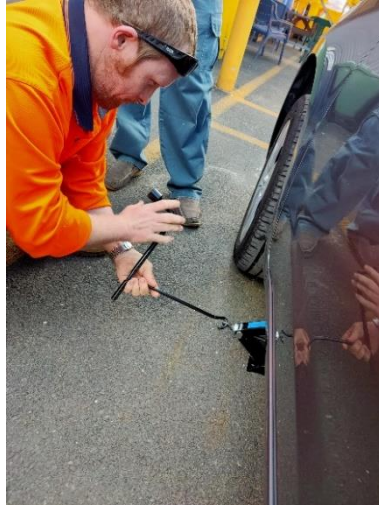


We practice writing resume's, cover letters and do different word puzzles or colouring in Safety activities.



MRF Training and Activities

We learn how to look after a vehicle with Cedric and Lachlann



MRF Training and Activities

We learn how to wash a vehicle with Lachlann



We do gardening with Nat to help beautify our outside eating area



Plus there's been plenty of posing and smiles in preparation for the MRF & Tip Shop Calendar for 2023 😊

Nat Navie

MRF Support Worker

Out and About



Phil receiving a massage at the "Mother's Day Classic, Run all over Cancer fun run" Held at the Brisbane botanical gardens.



Christopher went on a STA to Far North Queensland where he visited the Australian Butterfly Sanctuary where he got to study butterflies under the microscope. He also went on the Kuranda Skyrail, held a koala and learnt how to use a boomerang. Snorkelling and glass bottom boat adventures were had on Green Island. Christopher also visited a crocodile farm where he went on a boat tour in a lagoon and ate a crocodile pie! He also tried some Italian food and Korean BBQ on his trip. He had a wonderful time as you can see!

Out and About

The Out and About group have been busy the last few months. The group has visited The Barn and Scotty's Garage. The food was very good and the group could spend as long as they wanted in the museum.



During May the group visited the Brisbane Planetarium and Botanical Gardens and then the movies at Grand Central with lunch at Picnic Point in Toowoomba.

Dreamworld was loads of fun too! There is a flyer of upcoming outings attached to this newsletter. Please phone the Anuha office if you are interested in attending.



Clever Crafters



Karnie in action



Under the sea masterpieces



Sam painting

The Clever Crafters have been meeting twice a month on Tuesdays at the East Street office.

During May the group created beautiful life under the sea masterpieces on canvas.

Photo frames and bird feeders were made from colourful paddle pop craft in June.

Look out for the new Clever Crafters program coming out soon.

If you are interested in getting involved, please contact LES Team Leader Rachel Barron on 5462 3272. Please see the flyer on page 29 for more details.



Karnie's bird house



Temika painting



Bird house

Anuha Tip Shop



Thomas and Ernie enjoying the newly cleared garden space



Tracey sorting the donated clothes

Tip shop staff have been very busy cleaning up the shop and surrounding gardens. Lots of time has been spent sorting out and fixing up new stock ready for customers.

With the floods and cold snap, it has been a very good time for a big sort out. Well done to the volunteers and staff for all their work in sorting the shop out, it looks better than ever.

Great team work all.

Looking forward to better weather for all, so come on down and grab a bargain!

See you soon, Mark and the team



Nat and the MRF crew learning life skills at the tip shop



Ernie and Thomas

Cottage Industries



Madison blanching tomatoes

The Cottage Industries team have been working hard increasing their stock levels ready to sell at their Gatton Show market stall in July.

They are also getting their entries ready for the cookery section of the show. Last year the team did very well with four second places for their products. This year the team will have 8 entries being judged. We wish them good luck!

The team would like to say a huge thank you to Michael Whereat who does an amazing job sourcing fresh, local produce for our products. Michael is very generous in donating his time to assist us. Thank you, Michael!



The Thursday team processing cumquats



CI products ready for judging at the Gatton Show July 2022

From the Chaplain

Devotion July 2022: Blessings every day!

“Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.”

James 1:17

“For everything God created is good, and nothing is to be rejected if it is received with thanksgiving.”

1 Timothy 4:4

I had to take my car to Toowoomba to be serviced. My daughter, Jemimah, and my wife, Juliet, came with. Juliet wanted to do some shopping in Grand Central, and Jemimah and I wanted to do a bushwalk. Unfortunately, we were later getting up there than planned, so that meant our original plan of going for a walk to Tabletop Mountain was not going to work out. My car was at the back of the queue and would not be ready in time. So Jemimah and I opted to walk around Queens Park and then along East Creek while the car was being serviced. We ended up covering almost 10 kilometres with our walk around the parkland and across to Grand Central to meet Juliet for brunch.

It wasn't the walk we originally planned and were looking forward to, but in the end, it was a good walk. Even though there was still the noise (and occasional fumes) from passing traffic, there was also the joyous calls of bird life: currawongs calling out from the tall trees across the town, corellas feeding on the ground, crows squawking, and magpies calling to each other. There was also in places the sound of East Creek flowing over stones. Adding to these joys was clear blue sky and lush green grass and a beautiful Queensland winter's day. People on the path gave or returned a greeting as we passed. It was refreshing to the soul, and the exercise brought joy to our bodies.

Life is like that. It doesn't always go as planned, and sometimes our hopes can be dashed when something we really wanted didn't eventuate. And yet, there are always blessings in even the simple things of life, such as being in the company of people special to us, enjoying fresh air and sunshine, seeing birds fly and hearing their joyous calls.

In the letter of James, we are told that every good and perfect gift is from above, from our heavenly Father. And Paul in his letter to Timothy tells us that everything God created is good if it received with thanksgiving. So often we can close our eyes to the simple gifts and blessings God showers us with each day. Yet they are always there. In one of his summaries in the book of Ecclesiastes, the author concludes with these words: *“I know that there is nothing better for people than to be happy and to do good while they live. That each of them may eat and drink, and find satisfaction in all their toil—this is the gift of God.”* (Ecclesiastes 3:12-13)

May you find joy and fulfilment in the simple things of life. May friends and family brighten your day, may the call of the birds bring joy to your heart, and may you see all the blessings God gives every day!

Grace, peace and joy be yours always,
Pastor Noel

Dual Celebration

On the 10th of May we celebrated both Johnny Hoffmann's birthday and him receiving his 5 years of service medal. Johnny happened to be working in the East Street office for his birthday so it worked in well with our celebrations. We had mud cake and Sarah made a delicious cheese cake.

Johnny has worked 5 years with Anuha at the Material Recovery Facility. Johnny also works in the East Street office once a month sorting CRS paperwork.

Happy Birthday and thank you for your hard work and dedication Johnny!



Johnny's birthday cakes



Johnny receiving his service medal



Puppy Love

Little sausage dog puppies brought smiles and joy to the Anuha office this month. The Van Rompaey family brought their litter of sausage dogs in for a visit. Everyone got to cuddle the gorgeous puppies. It's always nice for furry friends to visit.



Sarah



Janine



Tanya



Sam

SOCIAL, COMMUNITY, HOME CARE AND DISABILITY INDUSTRY AWARD 2020 CHANGES (SCHADS AWARD)

The SCHADS Awards sets out the minimum terms and conditions for the following staff: Support Workers, Team Leaders/Co-ordinators and some administration staff.

From the 1st full pay period after the 1st July 2022 the following provisions of the SCHADS Award will change or are clarified:

- **Minimum Engagement:** Part Time and casual employees must be paid for a minimum of 2 hours for each shift.
- **Broken shift:** Allowances of 1.7% of the standard rate per broken shift will apply. A higher allowance will apply for 2 breaks that occur.
A broken shift is a shift that is broken into 2 or more parts by an unpaid break (or breaks), in a 12-hour period.
- **Damaged Clothing:** An allowance can be claimed with evidence of any damage to clothing. This applies to clothing soiled or damaged beyond repair.
- **Cancellations:** If a participant cancels support within 7 days, where a full or part time employee was rostered to provide the support, the employer must either find an equivalent shift for the worker, provide them with make up time or pay them the full rate.
The employer must notify the employee by 5pm the day before the appointment was scheduled.
- **Make Up time:** An employer can only provide an employee with make-up time if they give at least 12 hours' notice of the cancellation of the original shift. If the employer doesn't give this notice, the employee will still be paid for their hours. Employers who elect to provide employees with make-up time must give at least 7 days' notice for the new shift. Make-up time must be worked by the employee within 6 weeks of the cancelled service.
- **Swap Shifts:** With approval from Anuha employees can choose to swap shifts.
- **On - call allowances:** Where an employee is required to be on-call, they will be paid an additional allowance of 2% of the standard rate for weekdays or 3.96% of the standard rate for public holidays.
- **Remote Work:** An employee who is directed by their employer to be on-call to perform work may be engaged in remote work.
Remote work is work performed by the employee that is:
 - not part of their ordinary hours
 - not additional hours worked by a part-time employee or overtime after a regular shift.
 - not required to be performed in the designated workplace.

The minimum payment for performing remote work is:

- 15 minutes when employee is on call between 6am and 10pm.
- 30 minutes when employee is on call between 10pm and 6am.

Any time worked continuously beyond the minimum payments above must be rounded and paid up to the nearest 15 minutes.

When an employee is required to work remotely multiple times in one day, the minimum payment will apply on each occasion.

- **Travelling between participants:** The time a part-time or casual employee spends travelling between clients during the relevant minimum payment period is counted as time worked and paid.
- **Overtime:** The changes to the SCHADS Award clarify that part-time and casual employees who work hours outside the span of hours are entitled to overtime.
- **Increase in hours to match their pattern of work:** Part Time Employees can request a permanent Increase in hours to match their pattern of work /this can be refused on reasonable grounds.
- **Sleepover Shift:** Employer to provide clean linen (and bed) food prep facilities.
- **Annual leave for Shift Workers:** 5th week of annual leave for employees who work for more than 4 ordinary hours on 10 or more weekends during the yearly period in which their annual leave accrues.

A shift worker is an employee who works the following shifts:

Afternoon shift means any shift which finishes after 8.00 pm and at or before 12 midnight Monday to Friday.

(b) Night shift means any shift which finishes after 12 midnight or commences before 6.00 am Monday to Friday.

(c) A public holiday shift means any time worked between midnight on the night prior to the public holiday and midnight of the public holiday.

- **Fixed Hours for Part Time Employees:** Can agree but not required to do work hours in addition to fixed hrs.
Changes to pattern of work needs to be agreed in writing.
- Referenced from and for further information: [1 July 2022 changes to Social, Community, Home care & Disability Services Award - Fair Work Ombudsman](#)

FEEDBACK ABOUT THE SUPPORT ANUHA PROVIDES TO YOU



Date: 01/07/2022

We welcome your feedback about the service that Anuha is providing to you.




To help us monitor the quality of service we provide, we would appreciate it if you would complete the following survey and return it to: Jenny Crisci D.G. Manager Anuha 10 East St Gattton or email jenny.c@anuha.com.au.

Circle the **number** on the line which indicates your response to each question. Comments are welcome.

Please tick the Service that Support: Lifestyle Enhancement Service and or Supported Employment and or Support co-ordination.

Please return this form by the 30th July 2022.




Do you think that Anuha keeps your personal information private and confidential?

1. Not at all
2. Satisfactory
3. Excellent
→

Comments:

Do your support workers and or support co-ordinator help you to achieve Goals?

1. Not at all
2. Satisfactory
3. Excellent
→



Comments:

Do you know what to do if you have a complaint about Anuha?

 1. Not at all  2. Satisfactory  3. Excellent →

Comments:

Are your support needs being met?

 1. Not at all  2. Satisfactory  3. Excellent →

Comments:

Does Anuha provide a quality service?

 1. Not at all  2. Satisfactory  3. Excellent →

Comments:

Are you treated with dignity and respect through all aspects of your support?

 1. Not at all  2. Satisfactory  3. Excellent →

Comments:

Please return your completed feedback form to :

Jenny Crisci

Deputy General Manager

Anuha

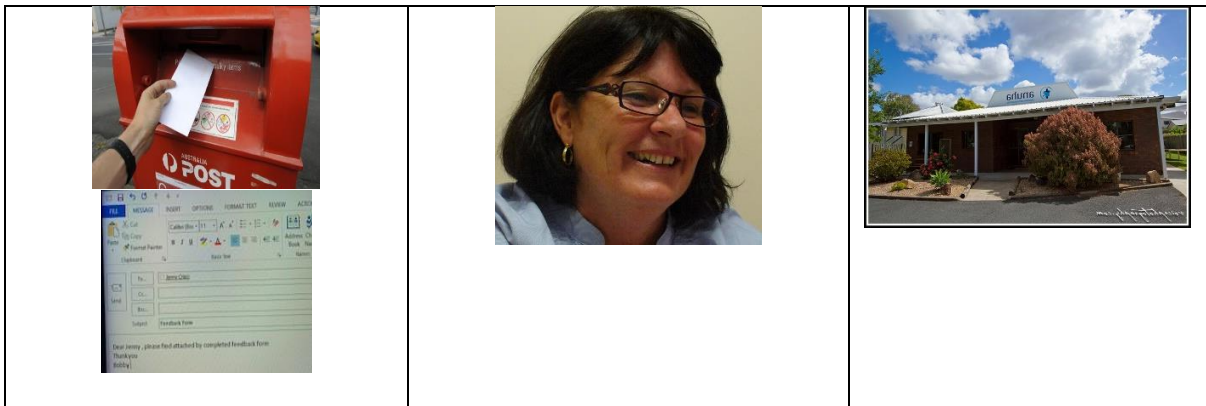
10 East St Gatton 4343.

You can also ask your support worker to return the form to me .

You can choose to email the form to me at: jenny.c@anuha.com.au

Easy Read : 

Return the Feedback Form to Jenny Crisci at Anuha



THE OFF-ROADERS

Hiking, Camping, Fishing and Adventures - Fortnightly on Fridays



All activities will be conducted according to COVID-19 guidelines and may be subject to change. Anuha will notify you if this applies to an outing of your choice. Please wear sun smart clothing and bring a full water bottle, hat, sunscreen and sunglasses for all activities. You will also need comfortable enclosed footwear.

By signing below, I agree to participate in the activities which I have ticked. I understand that support will be charged to my NDIS Plan at a Group Ratio dependant on numbers attending.

Name: Signature: Date: / /2022

Some activities will include a shared meal. If you have any food allergies or special dietary requirements please list them

here:



| DATE | EVENT | COST | TRANSPORT (approx) | YES | NO |
|------------------------------|---|-------------------------------------|-----------------------|-----|----|
| 01/07/2022 | Brisbane Air Show 801 <u>Cressbrook-Caboombah Road, Cressbrook</u> | \$43 concession entry \$15 lunch | 140 km <u>approx</u> | | |
| 15/07/2022 | Mini golf and driving range City Golf Club Toowoomba Depart 9 am, return 3 pm | \$8 per game, \$20 lunch | 75 km <u>approx</u> | | |
| 29/07/2022 | Hiking at Peak Crossing | \$10 for shared BBQ lunch | 140 km <u>approx</u> | | |
| 12/08/2022 and 13/08/2022 | Camping at Murphy's Creek Details to be confirmed in July | TBA dependent on numbers | 80 km <u>approx</u> | | |

| | | | | | |
|------------------------------|--|--|---------------|--|--|
| 26/08/2022 | One Tree Canoe Company Beginners' Moving Water experience: 3 hours down river from Vernon to Savages Crossing (near Fernvale) Depart 9 am, return 3 pm Subject to COVID restrictions | \$15 for lunch \$50 canoeing | 100 km approx | | |
| 09/09/2022 | Brisbane Valley Rail Trail BYO bike or scooter | \$15 for lunch | TBA | | |
| 23/09/2022 | Crank Indoor Rock climbing 537 Kessels Road, Macgregor | \$31 for 2 ½ hours, online sign up required, \$20 for lunch | 160 km approx | | |
| 07/10/2022 and 08/10/2022 | Camping and hiking at Crow's Nest Falls *UNEVEN SURFACES* Walking tracks and rock pools | \$10 for shared BBQ/picnic lunch | 125 km approx | | |
| 21/10/2022 | Denmark Hill conservation area | \$15 for lunch | 110 km approx | | |
| 04/11/2022 | Brisbane Public Transport Train from Rosewood Station City Cat ferry ride | \$15 lunch \$25 Go Card | 85 km approx. | | |
| 18/11/2022 and 19/11/2022 | Camping at Captain Logans Inlet Details to be confirmed in September | TBA dependent on numbers | 90 km approx | | |
| 02/12/2022 | Kloud9ine trampolining The Bernoth Centre, 663 Ruthven Street, Toowoomba | \$25 for 2 hours (including sock hire) \$15 lunch | 70 km approx | | |
| 16/12/2022 | Gatton Christmas carnival and Christmas lights (combined outing with Out and About group) | tba | tba | | |

OUT AND ABOUT

Anuha Group Outings - Fortnightly on Fridays



All activities will be conducted according to COVID-19 guidelines and may be subject to change. Anuha will notify you if this applies to an outing of your choice. For outdoor activities, a final decision based on forecasted weather conditions will be made on the Wednesday before the outing. Departure and return times for each activity will be confirmed closer to the date.

Please wear sun smart clothing and bring a water bottle, hat and sunglasses on every outing. Covered shoes suitable for walking are recommended.

By signing below, I agree to participate in the activities which I have selected. I understand that support will be charged to my NDIS Plan at a Group Ratio dependant on numbers attending (1:1 support can be organised if required). Transport costs will be shared amongst participants attending each outing.

Please select *all* outings you would like to attend and return your completed flyer to the Anuha office by Friday June 10th 2022.

Participants wishing to attend theatre performances will need to ensure their pre-payment has been made by the date stated on this flyer so that bookings can be finalised.

Name: Signature: Date: / /2022

| DATE | EVENT | APPROX COST | OTHER EXPENSES | YES | NO |
|------------|---|-----------------------------|-------------------------------|-----|----|
| 01/07/2022 | Mini golf and driving range City Golf Club Toowoomba Depart 9 am, return 3 pm | \$8 per game, \$20 lunch | Transport approx. 75 km | | |

| | | | | | |
|---|---|--|---|--|--|
| 15/07/2022 | Gatton Show Details TBA | \$8 entry, money required for food, rides, sideshows | Transport approx. 2 km | | |
| 29/07/2022 | Movie at Grand Central Lunch at Grand Central, Toowoomba Depart 9 am, return 3 pm | Movie \$16.50 \$20 to purchase lunch | Transport approx. 75 km | | |
| Thursday 11/08/2022 | Cinderella the Musical QPAC 1 pm performance Depart Anuha 9 am, return by 7 pm Public transport involved \$70 (concession) or \$100 Pre-payment required by 15/07/2022 | Tickets \$70 (concession) or \$100, \$40 to purchase lunch and dinner, <u>GoCard</u> | 130 km plus Go Card travel across 3 zones | | |
| 26/08/2022 | Cormorant Bay, Wivenhoe Dam Depart 9 am, return 3 pm | \$10 per person towards BBQ lunch | Transport approx. 100 km | | |
| 09/09/2022 | Movie at Limelight Cinemas and lunch at <u>Rashay's</u> Depart 9 am, return 3 pm | Movie \$8.50 \$20 to purchase lunch | Transport approx. 120 km | | |
| 23/09/2022 | Brisbane Planetarium and Botanical Gardens Depart 9 am, return 3 pm | \$10 entry, \$20 to purchase lunch | Transport approx. 170 km | | |
| 07/10/2022 | Movie and lunch at Redbank Plaza Depart 8:30 am, return 4:30 pm | Movie \$6.50 \$20 to purchase lunch | Transport approx. 180 km | | |
| 28/10/2022 (not the usual week as there are limited shows) | Dinosaur Lantern Festival Toowoomba showgrounds Depart 3 pm, return by 9 pm | Cost TBA | Transport approx. 80 km | | |
| 04/11/2022 | Queen's Park Zoo and Japanese Gardens, Ipswich | \$10 for shared lunch | Transport approx. 120 km | | |
| 18/11/2022 | <u>Wet'n'Wild</u> water park Details to be confirmed closer to the date | TBA | Transport approx. 220 km | | |
| 02/12/2022 | Riverwalk and water park, Ipswich Depart 9 am, return 2 pm | \$10 towards shared BBQ lunch | Transport approx. 120 km | | |
| 16/12/2022 | Gatton Christmas carnival and Christmas lights (combined outing with Out and About group) | Spending money for carnival | Transport TBA | | |